

Our Local History

In November 1993, Dr Christine Coulter moved to the Kāpiti Coast with her eldest child and bought into Rimu Road Medical Rooms.

The clinic managed all after-hours care including all police work such as assaults and blood ethanol alcohol (ETOH). Dr Chris Lane covered Emergency Medical Services (EMS) and Christine provided obstetrics care. The practice had to be very flexible with doctors covering each other, and nurses and other staff going above and beyond to help.

In addition, Christine already had one child and subsequently had three more children. She took only four weeks leave for each child and breastfed at work, which meant they developed a really supportive work, team and family. Some of those people still work with us.

In September 2001, Christine's business partner went off work with an accident for an increasingly extended time. Then, Christine was the only doctor and along with two nurses and the rest of the team, they utilised some innovative rostering systems and rotating rooms in the clinic to care for 3,500 patients.

We were lucky to have Dr Brent Krivan work as a locum for a couple of weeks. Brent's business skills complemented the skills of Christine Coulter and Mike Seymour to establish the company MBC, which ran Team Medical and Team Medical Pharmacy, located in Coastlands Mall. Dr Harsha Dias' practice at Raumati was purchased and Christine's practice moved from Rimu Road to Coastlands Mall.

In early 2002, we opened with general practice alongside physiotherapy, Pilates, counselling, laboratory and pharmacy facilities.

Christine's upbringing in the YMCA has gifted her the concept of *health body mind and soul being*, not just the lack of illness, but real wellness. The Team Medical motto "working together for your best health" exemplifies this. The circle in our logo represents the team with three parts: body, mind and soul.

Working together for your best health

E mahi tahi ana kia ora ai te tangata

On 1 August 2002, with the help of Green Cross Health MBC purchased the Amohia Street Urgent Care Clinic and brought most of their staff to Team Medical – many of whom are still with us. Gradually, we expanded with more GP rooms and extra services. In 2011, Bart Stus joined our team and subsequently purchased Brent Krivan's shares.

Refurbishment plans began in 2014. After years of planning and refinement we are pleased to say that by autumn 2020 we will work in a purpose-built state of the art centre. We look forward to continuing to connect with the community and other health and wellness groups.

We have many exciting initiatives planned to help grow and improve equity wellbeing in our community.