



The shingles vaccine & what it protects you from

Anyone who has had chickenpox is at risk of developing shingles later in life. 1 in 3 people will get shingles during their lifetime.

Shingles is a painful rash that develops on one side of the face, body or head.

Before the rash develops, people often have pain, itching, or tingling in the area where the rash will develop.

The most serious complications are nerve pain that can last for months or years, and eye problems that can result in loss of vision.

The best protection against shingles is vaccination.

Funded vaccination at age 65

Shingles vaccination is free for **12 months after your 65th birthday**. You need 2 doses, 2 to 6 months apart.

As long as you receive your first dose when you are 65, your second dose will still be free, even if you get it after you turn 66.

If you are eligible for a free vaccination, you must get it from your nurse, doctor, or healthcare provider. Pharmacies are not funded to provide free shingles vaccinations.