

We are extremely short staffed due to illness.

We are extremely short staffed at present due to staff sickness.

As a result of this we are having to reschedule appointments, shut clinics and are unable to facilitate an urgent clinic this morning.

We understand this is not an ideal situation and can be frustrating/upsetting for patients. We apologise for any inconvenience caused.

Please continue to be kind we are doing the best we can with the staff we have.

If you are needing free medical advice you can contact Healthline on 0800 358 5453 or Plunket on 0800 933 922.

Please remember that Practice Plus is available. Practice Plus is a separate option that may offer a solution, Monday – Friday 5pm-10pm, weekends and public holidays 8am – 8pm. If you are feeling unwell or need After Hours assistance, you can have a virtual video consultation. You can access this through our website or by clicking on this link - <https://practiceplus.nz/> Fees If you have a community services card, the charges are the same as if you were coming to the Doctor, so a lot cheaper than going to After Hours. Unfortunately, due to Practice Plus getting no government funding, there is a charge for children. · 14 and over \$65 · 13 and under \$55 · CSC card holder \$19.50.

Lower Hutt After Hours is also available for urgent matters 5.30pm-10pm, Phone (04) 567 5345.

For any other urgent matters that need to be addressed ASAP please attend Lower Hutt Hospital-Emergency Department.

In a medical Emergency please call 111.

Thank you for your understanding.

Silverstream Health Centre.

