



## Practice Plus now available for Silverstream Health Centre patients.

Ongoing demand has meant that our clinicians are not always able to see our patients in a timely manner, our routine appointments have a wait time of up to 3 weeks and therefore cause a huge demand for our Urgent clinics.

Further to this, currently LH emergency department has a waiting time of over 11 hours, and the Lower Hutt After Hours waiting time can be up to 4 hours. Practise Plus is a separate option that may offer a solution, Monday – Friday 5pm-10pm, weekends and public holidays 8am – 8pm.

If you are feeling unwell or need After Hours assistance, you can have a virtual video consultation. You can access this through our website or by clicking on this link - <https://practiceplus.nz/>

If you would like to know more about Practice Plus and how it works, please check out their website and there is a video that explains how Practice Plus works.

1. Register your details
2. Book – you can choose to wait in the queue or book a time that may suit
3. Payment – pre-paid, you will only be charged once your consultation is completed
4. Consultation - a link is sent 15 minutes before the GP is ready to start and you tap on the link on either your phone, computer or tablet. Scripts will be sent to your preferred pharmacy
5. Your patient notes from the appointment will be shared with your regular GP with your permission after the appointment.

### Fees

If you have a community services card, the charges are the same as if you were coming to the Doctor, so a lot cheaper than going to After Hours. Unfortunately, due to Practice Plus getting no government funding, there is a charge for children.

- 14 and over \$65
- 13 and under \$55
- CSC card holder \$19.50

Please note the following services are not provided by Practice Plus:

- Controlled Drug prescriptions
- Investigations – for example throat swab, urine or bloods
- Referral to specialists for non-urgent chronic health concerns

