# Dr Elke Chantelau FRNZCGP

Gain Health Centre 723A Fergusson Drive Upper Hutt 5018

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I am a Fellow of the Royal New Zealand College of General Practitioners and have been working as a General Practitioner for 26 years, 25 years of these in practice ownership as well. This year I have stepped back from ownership and being responsible for the care of my many patients to focus on two areas of special interest to me: Women's Health and skin conditions, especially skin lesions and cancers. I offer the following services:

#### Women's Health:

- Menopause:
  - diagnosis of menopause and management of troublesome menopausal symptoms.
  - I am a member of the Australian Menopause Society.
- Contraception: contraceptive choices, management of adverse reactions to contraceptives, insertion and removal of intrauterine devices (Mirena and Copper IUD)
- Endometrial sampling with a pipelle
- Change of vaginal pessaries

#### Skin conditions:

- Checking skin lesions and moles, either specific lesions or a complete body check. I use a dermatoscope which magnifies the lesion and enables me to assess the structure and other characteristics of a lesion, which can't be seen with the naked eye. This greatly improves the accuracy of the diagnosis. Photos of chosen lesions will be taken and stored in the patient's file for reference in future skin checks.
- Removal of lesions which are suspicious for skin cancer with minor surgery where this is best management; alternatively use of medical treatment where appropriate. If lesions are not suitable for removal in General Practice, I will refer to specialist services.
- Diagnosis and basic management of other skin conditions ,e.g. acne, rashes, eczema, psoriasis.

I hold weekly clinics at Gain Health Centre on Fridays. An initial consultation for menopause, insertion of an IUD and a complete skin check will each require a 30 minute appointment.

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# **Menopause Clinic**

Registered Patients \$150.00 - 30 minutes

Registered Patients CSC \$150.00 - 30 minutes

Casual Patients \$200.00 - 30 minutes

# **IUD** Appointments

## **Initial Appointment**

Register Paitent – Usual GP Fee

Casual - \$98.00

### **IUD Insertion**

Registered Patient - \$170.00

Casual Patient - \$200.00

Some medical conditions are eligible for funding

#### **Skin Clinic Initial 30 Minutes**

Registered Patient - \$150.00

Registered Patient CSC - \$150.00

Casual Patient - \$200.00