



Flu Facts

Flu can be anywhere and the best protection is a flu vaccine.

FACT: The vaccine cannot give you the flu

FACT: You need to have a flu vaccine every year to remain fully protected

FACT: Anyone, even fit, healthy adults can catch the flu and spread it to others

FACT: 1 in 4 can get the flu and show no symptoms and don't know they are passing it on

FACT: Getting a flu vaccine helps look after the community

**Protect yourself
and the ones you love.**

